



## MCS D Guidelines for Student Illness

Students spend many of their waking hours in school and can easily spread germs while there. Communicable diseases can spread anywhere, but easily spread while students are in school. We ask that parents NOT send their child to school if he/she has symptoms of an illness. Children, staff, parents, and volunteers should be excluded from school if any of the following are noted:

- Acute or persistent cough, sore throat, runny nose, (thick green/yellow discharge)
- Headache with any other symptom, or if student is unable to participate in school
- Fever of 100.4 degrees or above. Return to school when fever free for 24 hours without using any fever-reducing medications.
- Nausea, vomiting, stomachache or diarrhea-frequent, loose, watery stools. Students can return when symptom free for 24 hours or once they have been cleared by a physician.
- Unusual drowsiness or tiredness.
- Red, inflamed eyes with white or yellow discharge. Eye pain and redness of the eyelids or skin surrounding the eye. *\*For pink eye, a student can return to school 24 hours after treatment is started or until cleared by a physician to return to school.*
- Any skin sore oozing of fluid, or suspected impetigo
- Earache
- An unexplained rash, hives or suspected allergic reaction. Students with symptoms which may suggest an acute illness/condition and needing treatment with an antibiotic may return to the classroom after at least 24 hours of treatment and a decrease in symptoms.

*\*This is not an all inclusive list and there may be other illnesses that require students to be excluded from school. District nurses should be consulted if there are questions as to whether or not a student should be sent home.*